

Blooming Beautiful



*For the love
of nature*

WORKSHOPS AND
EXPERIENCES FOR WELLBEING
AND TEAM-BUILDING

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Cultivating Creativity and Wellbeing: Our Workshop Philosophy

Step into a world where creativity blossoms and nature's beauty inspires. Our plant and flower workshops offer more than just a chance to learn a new skill; they are a mindful journey designed to connect you with the earth's natural rhythms. We are deeply committed to sustainability, ensuring our practices respect the environment, from sourcing ethically grown blooms to minimizing waste. Each workshop is crafted to enhance your wellbeing, providing a peaceful escape where you can nurture your creativity and find calm, or an energizing team-building activity designed to spark collaboration. Join us to cultivate your passion for plants and flowers, all while fostering a profound respect for the incredible natural world around us.

Benefits: Connection, Creation & Enhanced Experiences

The process of creating something through one of our in company workshops and experiences can help to

- Reduce stress
- Re-connect with nature
- Improve wellness
- Strengthen teams
- Act as a type of meditation.

It is a great way for your team to re-connect in a casual way while focusing on making something unique to take home with them, and we can further enhance this experience by incorporating elements like soothing scents, inspiring music, or other tailored wellbeing and creative activities. Join us to cultivate your passion for plants and flowers, all while fostering a profound respect for the incredible natural world around us.





Ready to cultivate your team's connection and creativity? Explore our diverse menu of workshops and experiences designed to inspire and delight.

Succulent Mini Gardens
Seasonal Bouquets
Vase Arrangement
Seasonal Wreath
Seasonal Table Centrepiece
Pressed Flower Framing
Dried Flower Box
Plant/Flower Installation
Christmas Wreath
Collaborative Experiences

Bespoke: A custom-designed workshop experience, crafted precisely to meet your team's unique objectives.



Terrarium

Embark on a miniature botanical adventure with our Terrarium Workshop! We'll begin with a fascinating introduction to the essential elements that make a terrarium thrive. Then, after a concise demonstration of the step-by-step creation process, we will guide you step-by-step as you get hands-on and build your very own self-contained ecosystem! You'll create a beautiful terrarium to take home, nurturing it as it flourishes. We'll also provide a delightful array of miniatures and features to help you bring your chosen world to life, whether it's whimsical, festive, or uniquely your own vision.

This immersive workshop includes:

- A stylish glass vessel
- A selection of lush plants, specialized soil, drainage gravel, activated charcoal, and decorative stones
- Miniatures
- Access to our special terrarium tools during the workshop
- A comprehensive care guide to ensure your terrarium continues to grow and flourish

Pricing: from £60.00 per person (minimum of 10 people)



Hand Tied Bouquet

Unleash your inner florist and create your very own stunning Seasonal Hand Tied Bouquet! This immersive workshop is designed to teach you the timeless art of flower arranging, from expertly conditioning and caring for your blooms to understanding what's beautifully in season. You'll gain the skills to craft a professional-looking bouquet that you can proudly take home.

You will use a vibrant mixture of seasonal flowers and lush foliage, meaning the colours and textures will vary delightfully depending on the time of year. We are deeply committed to supporting local growers, striving to use as many British-grown flowers and foliage as possible, ensuring your bouquet is not only fresh but also rich in variety and unique charm.

Great for Mother's Day!

Pricing:

- From £50.00 per person





Succulent Mini Gardens

Dive into the delightful world of succulents with our Succulent Mini Gardens Workshop! This engaging and incredibly fun activity is perfect for teams looking for a creative yet low-maintenance way to connect. You'll work with a beautiful selection of succulents and soft moss to craft your very own living art piece – choose between a stylish desk frame or a charming wall frame to brighten up your office or home. For an alternative touch, this workshop can also be offered in an elegant glass bowl.

This workshop includes:

- Frame Box (or Glass Bowl, if chosen)
- A vibrant mix of succulent plants (such as Crassula, Sedums, Sansevierias)
- High-quality soil and decorative gravel
- A comprehensive care guide to ensure your mini garden thrives at home or in the office

Pricing Options:

- Small Table Frame: £35.00 per person
- Medium Frame A4: £70.00 (designed for 2 people working together)
- Glass Bowl d18*10cm: £50.00 per person





Vase Arrangement

Elevate your flower arranging skills with our Vase Arrangement Workshop and unlock the tricks of the trade! Discover simple yet effective techniques to maximize the beauty and longevity of your flowers, and master the art of building stunning vase designs using tried and tested methods.

You can expect to work with a fabulous blend of seasonal flowers and lush foliages, ensuring a unique and vibrant creation. Throughout the class, you'll receive supportive guidance from our talented and experienced tutors, culminating in a dazzling vase arrangement that you can proudly take home.

This relaxed and informative class is the perfect introduction to the world of flowers and offers flexibility, including options for working in pairs on larger vase designs.

Pricing:

- Small Vase: £50.00 per person
- Medium Vase: £70.00 per person
- Large Vase: £150.00 per person or 2 people





Pressed Flower Frames

Discover the delicate art of preserving nature's beauty with our Pressed Flower Frames Workshop! Learn how to arrange and frame exquisite seasonal pressed flowers within a beautiful glass hanging frame, creating a timeless piece of art for your home or office.

Our expert instructors will guide and advise you on techniques, flower choice, and design every step of the way. You'll work with a lovely selection of flowers that we have carefully pre-pressed for you, ensuring you leave with a stunning, ready-to-display artwork.

All necessary flowers and equipment are included. We also warmly encourage you to bring cuttings from your own garden or stems from a cherished bouquet to learn how to press them for future projects! This engaging workshop will run from approximately 20 minutes to 40 minutes depending on the frame size.

Pricing:

- Small Frame: £20.00 per person
- Medium Frame: £40.00 per person



Dried Flower Canvas

Step into a world of whimsical beauty with our Dried Flower Canvas Workshop! This relaxing and imaginative activity invites you to create your own enchanting scene using the timeless charm of dried and preserved botanicals.

You'll work with a fabulous blend of carefully selected dried and preserved flowers and foliages, alongside soft moss and a canvas frame, to build your unique little world. This class is a wonderful way to unwind and express your creativity, and it can also be adapted for working in pairs on larger frames, fostering collaborative artistry.

Pricing:

- Small Canvas: £40.00 per person
- Medium Canvas: £60.00 per person

Please note: Final prices will be confirmed based on your chosen frame size and shape.





Seasonal Wreaths

Join us for a delightful Seasonal Wreath Workshop and craft a stunning, bespoke piece of floral art for your home or office!

During this engaging 2-hour session, you'll explore a beautiful array of fresh or dried flowers, alongside natural elements like twigs, twine, grasses, seed pods, preserved foliage, and lush moss, all selected according to the season (think Christmas, Easter, or Autumn). You'll leave with a magnificent, handcrafted wreath that perfectly complements your space and captures the essence of the season.

Once you've chosen your preferred seasonal materials, you'll follow our step-by-step demonstration, guiding you through the process of creating a magnificent wreath that perfectly complements your space.

Pricing:

- Small Wreath: £60.00 per person
- Medium Wreath: £75.00 per person



Optional Wellbeing Enhancements

We can also enhance each session with an extra touch upon request: We can start with a few minutes of intentional breathing and self-awareness to activate the group's creativity and empty the mind of daily worries, ensuring the session begins with a positive and relaxed mindset.

Additionally, we usually play soft, relaxing music during the session and can incorporate aromatherapy in the room with pure essential oil diffusers and/or scented candles.





Review

"Our team had such a fantastic time with So Blooming Beautiful!

It was very refreshing to step away from our desks and do something different - getting creative with flowers and plants.

We learned how to make beautiful bouquets, put together our own little succulents, and design unique shadow boxes.

The team was so friendly and made everything easy and fun. It was the perfect mix of learning, teamwork, and relaxation, and we all walked away with something we were proud of.

Highly recommend for a fun and creative team activity!"

Agnieszka Jankowska
Cambridge Judge Business School



Collaborative Experiences: Design, Bond, Enjoy

Designed with collaboration in mind, our team experiences are perfect for teams looking to ignite creativity, sharpen problem-solving skills, and strengthen bonds through shared, engaging experiences.

Living Plant or Flower Installation

Themed Event or Area Decor Experience

Christmas Tree Decoration



Living Plant or Flower Installation

Unleash your team's collective creativity with our Plant or Flower Installation Workshop – a perfect activity designed for larger groups!

This unique experience allows your team to collaborate on building stunning installations that can become a lasting feature in your office environment. You'll work with a diverse range of materials, including beautiful artificial or dried flowers, or a captivating mix of botanicals combined with other creative elements like sparkling crystals, intricate origamis, and more, to bring your vision to life.

Alternatively, for a truly green and impactful project, your group can create living plant walls for a specific area within the office, or smaller, vibrant living plant frames to hang on the walls, enhancing the workspace with natural beauty.

Pricing under request (PUR)





Themed Event or Area Decor Experience

Bring your team together and celebrate the seasons or a special milestone with our engaging Themed Decoration Experience!

This delightful activity is perfect for creating a festive atmosphere, whether for a special company event or to enhance your office's restaurant area. You'll craft a truly stunning seasonal table decoration (think Easter, Summer, Halloween, and Christmas), using a rich variety of fresh or dried botanicals, such as lush foliage, vibrant berries, seasonal fruits, and beautiful fresh or dried flowers, all arranged with a sustainable foam-free approach.

Once we understand your vision, we will meticulously curate the materials and develop a bespoke proposal for your specific area or event. This fun and interactive experience is designed for groups, empowering everyone to create a real show-stopper to enjoy throughout the season or during your special event. We'll be there to guide you every step of the way, sharing expert tips on how to display your centrepieces and decorations to truly wow your guests or transform your room.

Pricing under request (PUR)





Christmas Tree Decoration

Get into the festive spirit with our unique Christmas Tree Decoration Experience, designed for corporate teams!

We bring the magic directly to your office, providing a beautiful Christmas tree and a curated selection of enchanting decorations. Your team will work collaboratively to adorn the tree, transforming it into a stunning festive centrepiece that perfectly reflects your company's style and chosen colour palette.

This joyful activity can be booked as a single, memorable session or divided into several engaging decorating sessions throughout December, offering flexibility for your team's schedule. We meticulously curate the decorative pieces, ensuring a bespoke and truly unique tree tailored to your business.

Pricing under request (PUR)

Bespoke Corporate Workshops & Experiences

Looking for something truly unique?

We can create bespoke workshops and experiences perfectly tailored for your company's specific needs, whether it's an in-company event, a dedicated team-building day, or an engaging activity for a business conference.

We pride ourselves on our flexibility and can seamlessly collaborate with other suppliers to complement their offerings, creating a truly integrated and memorable event.

Imagine a calming sound bath followed by a hands-on terrarium workshop, or a festive Christmas wreath-making session paired with a delightful cocktail workshop.

The possibilities are endless, and we're here to design an experience that perfectly aligns with your objectives and leaves a lasting positive impression on your team.



UNLOCK UNPARALLELED
TEAM EXPERIENCES.
REACH OUT NOW TO
BEGIN PLANNING YOUR
CUSTOM WORKSHOP OR
EXPERIENCE!

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